

MENU

“FOOD WITH A FEEL GOOD FACTOR”
Delivery days are Tuesday to Friday (at the moment !!)

Thrive Group Wales
Tel No's - 01639 821652 / 07494 895508
Orders for lunchtime deliveries must be received between 9am - 10am
Orders for Friday's breakfasts must be received by 3pm on Thursday.



HOT SNACKS

- Sausage Rolls £1.55
- Steak Slice £1.75
- Sausage Butty £2.75
- Bacon Butty £2.75

9 " SUBWAY VIENNA ROLLS

- Ham Salad £3.50
- Cheese Salad (V) £3.50
- Cheese, Onion & Salad (V) £3.50
- Egg Mayo & Salad £3.50
- Tuna Mayo & Salad £3.75
- Chicken Mayo & Salad £3.75
- Chicken Tikka Mayo & Salad £3.75

MEAL DEAL INCLUDES BAG OF CRISPS AND A CAN OF DRINK **£5**

Meal deal includes Sienna roll, Crisps and a Drink.

SALAD BOXES WITH HOMEMADE COLESLAW £3.50
(Ham, Egg, Tuna, Chicken, Chicken Mayo)



FRESH COOKED SPECIALS DAILY

(prices will vary from £3.95 to £4.50)

Tantalising Tuesday's

- Chicken Curry & Rice
- Chille Con Carne & Rice
- Chicken Rice Box
- Pasta in homemade Italian tomato sauce & salad. (V)

Warm & Hearty Wednesday's

- Homemade Corned Beef Pie & Beans
- Faggots, Peas & New Potatoes
- Cottage Pie & Beans

Thrifty Thursday

Selections from Tuesdays and Wednesdays Menu

Feel Full Friday

Breakfast Tray with a Bap £5.25
(includes 2 x bacon, 2 x sausage, 1 egg, mushrooms, hash brown and beans)

DRINKS

- Can of Drinks £1.00
- Water Bottles £0.80p
- Crisps £0.80p
- Chocolates £1.00

Our Vision - To be an energetic and ethical catering business offering high quality, convenient and moderately priced food sourced locally.

Our Purpose - To develop sustainable income stream to support the work of Thrive Women's Aid.



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GROUP WALES

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